

BFS Winter Workshops: Key points for discussion

Workshop Group 1:

Running an IUI Service

Facilitators: Liz Lenton (Sheffield) & Melanie Davies (London)

1. Unstimulated versus stimulated IUI
2. Patient selection and preparation
3. Cycle management
4. IUI technique
5. What can be expected from IUI

Preventing OHSS

Facilitators: Andrew Drakely (Liverpool) & Cathy Turner (London)

1. Identifying the high risk patient and reducing treatment risk
2. Identifying the high risk cycle
3. Choice of stimulation protocol to minimise risk including luteal support
4. Management of cycles with over response:
 - Coasting
 - Freeze all
 - Cancellation
 - Albumin

Assessing Quality Management in the ART Unit

Facilitators: Janet Currie (Oxford) & Gillian Lockwood (Midlands Fertility Unit)

1. How has the Quality Management System Improved Your Unit?
 - How do you think a Quality Management System will help?
2. How Have/Could you Absorb the Cost?

3. What is the best way of Assessing Patient Satisfaction and Implementing Change?
4. How do you Manage 'Key Performance Areas'?
5. How can you Minimise the Stress of Working in an Environment Driven by 'Constant Improvement' (Frequent Audits, Inspections and Documentation)?

Workshop Group 2:

Standard Operational Procedures for Staff Emotional Support

Facilitators: Jenny Dunlop (Manchester) & Marie Wren (London)

1. How to Improve the Emotional Health of the Team
 - Promoting team work and spirit
 - Induction
 - Training
 - Appraisal of all staff
 - Inclusive team meetings
2. How to Deal With Staff Crises in the Unit
 - Health - physical and psychological
 - Personal
 - Absenteeism
 - Information booklet for staff issues
 - Identify who should give support, internal and external
3. How to Deal with the Staff's Emotional Responses to a Critical Incident
 - Immediate debrief
 - No blame policy
 - Lessons to be learnt
 - External help?
4. How to Deal with Patients' Difficulties
 - Patients with difficult attitudes
 - Complaints
 - Awareness of emotional detachment
5. What are the Key Points in Preparing an SOP for Staff Emotional Support?

- Professional development of all staff
- Results
- Support for all staff
- Clear guidelines for staff procedures

In-house Staff Training Accreditation

Facilitators: Julie Hinks (Bristol) & Masoud Afnan (Birmingham)

1. Overview
2. List of Procedures
3. Paperwork (Self-assessment and Evaluation)
4. Training Programme
5. Difficulties in Implementing IHT and How They Can Be Overcome

First Line in Ovulation Induction in PCOS Women

Facilitators: Gerard Conway (London) & Jonathan Lord (Truro)

1. Lifestyle Advice
 - What lifestyle advice / programmes do you offer your patients?
 - Do you offer this prior to or alongside drug treatment?
 - Does your advice differ between lean and obese patients?
2. Drug Treatment
 - What is your first-line drug treatment in lean and obese patients?
 - Why?
3. Adverse / Long-term Effects
 - When selecting treatment, what effects on the potential fetus, the woman and her future obstetric care do you consider?
 - Who would you choose not to treat?
4. Monitoring
 - How do you monitor your patients who have:
 - Lifestyle Management
 - Metformin
 - Clomifene
 - How long do you monitor and offer these treatments for?

5. Tubal Patency

- When do you test tubal patency in these patients?
- Do you use ovarian diathermy and, if so, when?
- Have the NICE Guideline recommendations on HSGs altered your management in these patients?